



WEIGHT LOSS WIN! THE SOURCE HERBAL DETOX

Love the idea of a detox but can't stomach the thought of a colonic? Rated as one of the best detoxes in the world by Vogue, The Source in Lamai, Koh Samui offers a truly unique cleanse using powerful ancient herbs in a tranquil luxurious retreat.

What is a herbal detox ?

A 'Herbal Detox' is the cleansing and detoxifying of the body using premium quality herbal formulas in the form of capsules, syrups and tinctures. Simple and easy to do with formulas taken morning and night every day for one week, or longer; what makes a herbal detox so unique is the complete absence of awful and invasive colonics. The herbal extractions gently purify and 'reset' the internal terrain of your major organs, cleaning the blood, eliminating parasites and gallstones, populating your gut with healthy flora and fauna. The herbal formulae do double duty, working long after the detox ends to ensure your elimination systems are functioning at maximum capacity permanently, so any weight lost during detox, stays off.

How does it work ?

Unique in that it can be done anyplace, at any time, as there are no colonics necessary, leaves you free to work and continue your normal routine. A superior intestinal formula via capsules does a much better elimination job and far less invasive than the hydrocolonics usually required.

You can choose what to eat each day from the list of healthy choices which range from fresh juices, whole fruits or greens to your normal diet or a mixed combination of them all. Each day you feed the body with great nutrition as the herb minerals do all the work providing high energy levels during the program, making it suited to those who do not want any interruption to their daily work life. Customers can stay in a private villa on the beach to do the program or they can purchase to take home and do it any place or time they choose.



How it differs from other detoxes:

Most detox programs only cleanse and detox the body, this version also 'rebuilds' the organ systems of the body. The premium quality formulas are potent and effective, using hand grown organic herbs plus herbs collected in the wild (wildcrafted). In addition, some particularly rare herbs are sourced from around the world to complete the age old recipe formulas.

The formulas are proprietary, handmade and have been perfected over the last twenty years by a Master Herbalist. They use only 100% natural organic ingredients making them pure and kind to earth as well as your body!

Powerful yet natural, these time proven formulas are gentle and safe with no harsh reactions.

The science of herbs

Ivor Fitzpatrick, founder of The Source and is a Family Herbalist and member of BHMA (The British Herbal Medicine Association) and ESCOP (The European Scientific Cooperative on Phytotherapy)

His herbs provide pure plant minerals the liver employs to make natural substances for the bloodstream to then utilise to restore and repair the whole body.

To tackle Candida and parasites, a prevalent modern affliction, foundation formula 'Formula P' (Candida/parasite formula) contains 33 herbs to eliminate both conditions.

Most people, having never ingested these herbal concentrations before, experience a superb health boost when they are first taken, supplying the body ideal nourishment to work with.

Elimination organs are greatly assisted in the detoxifying process and by leveraging the properties of these organic herbal minerals, the body can successfully rebuild, repair and restore itself anew.



What are the benefits?

The Source offers three programs: **Detox** (7 formulas), **Weight Loss** and **Ultimate Detox** (both 16 formulas) each very comprehensive in targeting a different organ system of the body including the liver, kidneys, intestines, hormones, blood, immune system and lungs.

Ranging from substantial weight loss, to brighter eyes and skin, feeling healthier, sleeping better, more energy and relief from illness the benefits are unique to each individual and their needs.

Interestingly, the weight loss can continue even after the program has finished and generally stays off too, due to the herbs cleaning and supporting the 'inner terrain' of the body. Sugar, caffeine and junk food cravings dissipate with the program.

Unlike crash diets and exercise fads, with a herbal detox, improved health and weight loss is 100% guaranteed. A recent customer, an Italian man, lost 5kg in 3.5 days! Most lose 4kg in the first 4-6 days and then it levels off, with another 1-3kg being dropped in the last few days if completing the two week program.

The Source also provides complementary therapies that add even more benefit to the programs. Acupressure massage, Chinese Cupping and Reiki with Master Jet Lee, as well as the Liver Flush and very simple meditation exercises all provide further wonderful results with a fresh Juice and Tonic bar for healthy drinks onsite to aid your program.

Offering free consultations in person or online all programs and accommodation can be viewed at

www.TheSourceSamui.com