



## Master Herbal Detox Program 2024

### DETOX TO GO PROGRAM

The Source Herbal Detox Center  
179 Moo 4, Lamai Beach, Ko Samui Island, 84310 Thailand



Winner of the *Travelers' Choice Award* 4 years in a row.  
The Source is in the top 10% of Health Spas worldwide.

#### The Source Master Herbal Detox To Go Program Summary

Do our program here on Ko Samui or at home in your own country.

Our Master Herbal **Detox To Go Program** offers a natural, safe, yet highly effective way to detox, cleanse and rebuild your body systems. During this program, you will take our Master Herbal Formulas and choose the daily detox diet that you would like to follow. Our Master Herbal Detox Program includes:

- Consultation & supervision with The Source Herbalist (in person or online)
- The full set of Master Herbal Formulas with full instructions
- Juice Fast instructions
- Additional programs (see Page 2.)

#### Program Highlights & Results

- No colonics needed! – Use our greatly superior herbal colon & intestines formula (**Flow Formula**) instead
- Advanced herbal medicine formulas which are balanced, stable, safe and pleasant tasting
- Kill off parasites, pathogens and bad bacteria in the whole body
- Easy to follow program and enjoyable to do
- Sustained good energy levels throughout your detox program and no hunger
- Long-lasting improvement to overall health, well-being & energy levels and weight loss
- Full cleanse and regeneration of all major body organ systems
- No interruption to your normal daily life is necessary.

## Master Herbal Detox To Go Program

Includes for each person -

- **The Master Herbal Formulas** – 6 of our very best organic handcrafted formulas:
  1. Formula P 'Extreme' (parasite & Candida formula) - *Syrup*
  2. Liver & Gallbladder Cleanse Formula - *Syrup*
  3. The Master Herbal Formula (Aged 15 years, 300 herbs): A 3-in-1 Formula - *Syrup*
    - + Kidney, Pancreas, Adrenal Formula
    - + Thyroid Restore Formula
  4. Flow Formula (Intestines & Colon formula) - *Capsules*
  5. Heavy Metals Detox Formula (Yarrow herb) - *Tea*
  6. Hormone Formula (natural herbs for the hormone system) - *Capsules* -**or-** Lung Cleanse & Restore Formula - *Tincture*

*\*Bacteria and fungal eliminator (wild oregano oil) – is added to every formula*

### **PLUS:**

- **The Colon & Body Organs Cleanse & Restore Program / The Tonic Elixir Drinks Program**

Using the **Tonic Elixir Drinks** Program - Specially prepared tonic drinks taken at selective times during the day and taken for 3 days each week that you are on the program.

Four daily drinks: - The Small Intestines & Liver cleanse & restore Tonic Elixir Drink

- The Bladder cleanse & restore Tonic Elixir Drink

- The Kidney cleanse & restore Tonic Elixir Drink

- The Thyroid cleanse & restore Tonic Elixir Drink

- The Intestinal Rebuild Program (the combination of taking all 4 together)

We provide you with the recipes and ingredients to make these easy to make drinks at home. These drinks use fruit juices and herb ingredients to make them.

- **The Liver & Gallbladder Cleanse Drink**

A series of 3 liver & gallbladder cleanse drinks taken every day for 3 days each week that you are doing the program.

This drink uses a fruit juice and one other ingredient to make it.

- **The Liver Flush Deep Cleanse Program**

Includes full instructions + set of ingredients (Epsom Salts + mixing bottles).

- **The Natural Foods Program**

This guide for foods that will keep your body organs well, and the foods to avoid. The correct times of day for meals, the correct foods for those times of day and correct food combinations. This is a game changer for your health as many mistakes are made in our diet. To use after the program (or during) for ongoing health improvement and weight loss/balance month by month.

### **PLUS:**

- Consultation and support with The Source Herbalist (in person or online)
- Juice Fast instructions
- Guided meditation instructions document and online link

### **Doing this program on Koh Samui:**

You will have everything you need to do our **Detox To Go** Program here on Koh Samui and you will stay in your own local accommodation. There is a considerable saving as it is half the price of the full Retreat Program and the results will be equally good.

### **Doing it at home/in your own country:**

You will have everything you need to do our **Detox To Go** Program at home/in your own country and the results will be equally good. It is half the price of doing the full Retreat Program here on Koh Samui and there is an extra saving eliminating the cost of flights/accommodation etc.

### **Prices: Master Herbal Detox To Go Program**

7 Days - Thai Baht thb 30,000 inc.

14 Days - Thb 60,000 inc.

Prices include all taxes and VAT. Payment is accepted by debit/credit card, Wise.com, bank transfer or cash (any currency).

Shipping worldwide: DHL (2-4 business days with online tracking) – Thai Baht Thb 3,000 inc. (most countries).

## A Natural Organic Herbal Detox & Weight Loss Program

Natural ~ Effective ~ Safe

Our herbal detox program is easy and simple to do. You take the herbal formulas in the morning and some again at night. Simple and easy. There is a formula for each organ system of the body so you can treat the whole body all at the same time.

Our herbal formulas both detox and cleanse, and also rebuild and repair the body organs which is unique - *these advanced herbal medicine formulas have the ability to do this!*

Then you can choose what to eat or drink each day from our suggested [Daily Detox Diet](#) choices if you choose to do this, while also taking the herbal formulas daily (morning and night).

Choose your desired program duration, anywhere from 7, 14, 21 or 28 Days. 14 Days or more is a very effective number of days to do.

### No Colonics needed!

An important feature and great advantage of our program is that you do not need to use colonics or enemas.



Nor do you have to take psyllium husk drinks (shakes) etc.

This is because we use our advanced herbal Colon & Intestine formula called **Flow Formula** (capsules), exclusive produced by us, which will work quickly to create and restore proper normal daily bowel function (1-3 times per day ideally) as well as repair and rebuild not only the colon but also the small intestine from the stomach all the way down to the large intestine (colon) as well as restoring the proper bacteria balance in the gut. It is a very sophisticated intestinal formula and is greatly more effective, more natural and much more pleasant to use than having to put water up inside your colon (colonics/enemas).

We are the only health program that can avoid using the colonics system because if this which is a great delight and relief to many of our customers.

### About our Master Herbal Formulas

Our herbal formulas are 100% natural and organic as we grow our own herbs so they contain only natural herbs and nothing else un-natural. Our **Master Herbalist** has been making our formulas for twenty years now and they are the original formulations of The Western Herbal System which originated in Germany in the 1930's which we faithfully hand produce according to the original recipe specifications. They were the acknowledged world experts in not only herbal medicine but allopathic medicine too. These original herbal formulas are very advanced and sophisticated, potent, yet completely stable never causing any harsh or adverse reactions etc. whatsoever. They are very gentle on the body system.

It is these advanced formulas that are able to achieve the results naturally and safely. Our herbal formulas both detox and also rebuild the body organs which is unique as these advanced herbal medicines have the ability to do this. They have been proven to be very effective and safe over a long period of time. Proper and correctly made herbal medicine formulas can do amazing things for the body in a short period of time. They taste remarkably good too (syrups).



## The Master Herbal Formulas

Name:	Form:
1. Formula P (Anti-Parasite & Candida formula)	Syrup
2. Liver & Gallbladder Cleanse Formula	Syrup
3. The Master Herbal Formula (Aged 12 years, 300 herbs) A 3-in-1 Formula + Kidney, Pancreas, Adrenal Formula + Thyroid Restore Formula	Syrup
4. Hormone Balance Formula (Natural herbs for the body's hormone system) OR Lung Cleanse & Restore Formula (using the two famous herbs for the lungs Mullein & Lobelia)	Capsules Tincture
5. Flow Formula (Intestinal & Colon formula)	Capsules
6. Heavy Metals Detox Formula (Yarrow herb)	Tea

\* Bacteria and fungal eliminator (wild oregano oil) – is added in to every formula too.

## Syrup Formulas and Capsules



## Tincture Formulas



### About the 'Detox Daily Diet' choices

On the program you choose what to eat/drink each day from our four suggestions.

Choose between: • Juice Fast • Whole fruits  
• Combination of juices and fruits • Raw/healthy food

The juice fast is the most effective one and is what 90% of customers choose to do. We use our proprietary orange juice fast which was an old and highly successful health protocol from the 1950's (see OJ Fast info pdf)

It gets the best results because it cleans the blood, and also cleans the acid waste out of the body and is 100% natural.

So you are combining the power of the herbal formulas with the cleansing power of the juice fast which is a very effective combination and is very enjoyable to do too. Read more about our daily detox diet suggestions [here](#).

### The Daily Program Routine Example:

You take the herbal formulas in the morning and some again at night.

Morning:

- 7 am (or when you wake up) – take all the herbal formulas one after the other
- Start your [daily detox diet](#), choose between using fruit juices or eating whole fruits etc.

Lunchtime & Afternoon:

- Keep going with your daily diet choice
- Take the Flow Formula again (capsules)

Evening:

- Keep going with your daily diet choice
- 7pm-9 pm - take the night-time herbal formulas

The two most common observations that customers have which greatly and pleasantly surprises them while on the program are:

1. They do not feel hungry at all – this is because the herbs reduce cravings for un-natural foods, and the juices/fruits are feeding the body it's natural energy fuel too.
2. They have good energy each day - this is because the body is getting very good nutrition now and also does not have to digest normal meals. Less sleep is required too.

### Program Results

You will feel much better even after just a few days on our 'natural health program'. Excess weight loss is a side effect of making the body more healthy.

There will be a huge improvement in your overall health and you will have used natural methods to achieve this. Customers look so much healthier and are feeling much better even after just 3-4 days on the program.

For thin people, your body will not allow you to lose more weight than is healthy.

Some other benefits include:

- Skin condition improves, and energy levels too
- Restores correct intestinal probiotic flora in the colon
- Eliminates heavy metals & reduces bad cholesterol
- Replenishes vital vitamin & mineral levels in your body
- Reduces cravings for unhealthy foods

The average weight loss per customer is:

7 Days: 2 - 4 kgs / 4.4 - 8.8 lbs

14 Days: 4 - 8 kgs / 8.8 - 17.5 lbs

Some people lose more weight. We have had customers lose 10kgs/22 lbs over 14 days and who did no exercise at all.

The record weight loss to date is 6 kgs/13 lbs in just two days on the program!

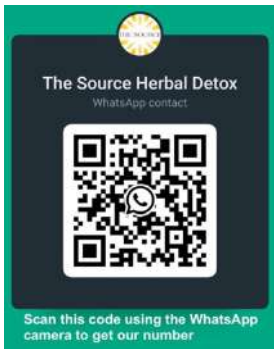
### Reviews

Reading our customer reviews [here](#) will give a good insight into how the program experience is for customers and the results and improvements that they achieve in a short period of time. See our website.

Read our Detox **FAQ's** [here](#). it will answer many of your questions that you may have. See our website for **FAQ's** and **Reviews**.



Please contact us if you need any more information or have any questions.



Connect with us on WhatsApp (scan the QR code on your phone). Open the camera on your phone, capture the QR code on your phone screen, a small link will appear, click on it and it will open to our WhatsApp account or to a page inviting you to join WhatsApp.

## The Source | Herbal Detox Centre

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179 Moo 4, Lamai Beach, Koh Samui Island, 84310 Thailand.

Location on [Google Maps](#)

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### About Us

Family Herbalist – Mr Ivor Fitzpatrick

Mr Ivor Fitzpatrick is the founder of The Source and a qualified and licensed Herbalist.

He comes from a family background of medical doctors and nurses. His mother was a nurse while his father worked at the UN (United Nations) in New York. His uncle was a veterinary doctor in the UK, and both his grandfathers were a medical doctor in India (British Army) and a surgeon in Australia. Two aunts were nurses, one owned and ran a nursing home in England.

He chose a natural healing path using 'natures medicines' as opposed to using allopathic medicine and drugs. The Source Herbal Detox Retreat, Koh Samui was opened in November 2012 to give the opportunity to those who desire good health to take advantage of advanced herbal formulas and established health programs for the betterment of their health.

The overall program plan was three years in the making with the herbal formulas having been created and perfected over the last twenty years.

Nature provides remedies in the form of herbal plants (*herbal medicines*) and the combination of their uses is long established by those who were knowledgeable in this area, being tried and tested over many many years.

Our body recognizes this plant information and uses it to repair, restore and rebuild as it needs.

The plant mineral compounds are transformed into natural healing substances by the body and the bloodstream then uses these to do the work of cleansing, repairing and rebuilding the body and it's organ systems to restore good health and vitality.

Health is simple, and working with nature is safe. You can trust nature and it's intelligence.  
Old conditions can be undone and a new foundation established upon which to continue to build better and better levels of good health and vitality,  
leaving *dis-ease* behind.  
We can go to *the source* when we need to revitalize and rejuvenate.

Come and enjoy the power and the magic of the Master Herbal Formulas.

Founder  
Mr Ivor Fitzpatrick  
Herbalist and Founder of The Source



The College of Herbal Medicine, USA  
Family Herbalist Graduate 2014  
Master Herbalist Graduate 2010



Harvard Medical School  
Massachusetts, USA  
Foundations of Anatomy (2014)  
Graduate



DOANE  
UNIVERSITY  
Nebraska, USA  
Lifestyle Medicine Treatments  
of Chronic Disease  
Graduate

BHMA (The British Herbal Medicine Association) - member  
ESCOPE - European Scientific Cooperative on Phytotherapy - member



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